

Imaging the fetal central nervous system

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Abstract

The low prevalence of fetal central nervous system anomalies results in a restricted level of exposure and limited experience for most of the obstetricians involved in prenatal ultrasound. Sonographic guidelines for screening the fetal brain in a systematic way will probably increase the detection rate and enhance a correct referral to a tertiary care center, offering the patient a multidisciplinary approach of the condition.

This paper aims to elaborate on prenatal sonographic and magnetic resonance imaging (MRI) diagnosis and outcome of various central nervous system malformations. Detailed neurosonographic investigation has become available through high resolution vaginal ultrasound probes and the development of a variety of 3D ultrasound modalities e.g. ultrasound tomographic imaging. In addition, fetal MRI is particularly helpful in the detection of gyration and neurulation anomalies and disorders of the gray and white matter.

Key words: central nervous system, fetal imaging, prenatal MRI, brain malformation

Introduction

Cerebral malformations are encountered in about 1% of all births (Pinar *et al.*, 1998). About 0.61% of children admitted to a pediatric clinic present with solitary or multiple central nervous system (CNS) malformations (Hadzagić-Catibusić *et al.*, 2008). Nearly 10% of all congenital malformations in perinatal autopsy series are CNS anomalies, among which neural tube defects (45.5%), hydrocephaly (12.4%) and neuronal proliferation disorders (8.8%) are among the most frequently encountered (Pinar *et al.*, 1998; Lancaster *et al.*, 1981-1992). Frequently additional cerebral, extra-cerebral, syndromic and chromosomal malformations are associated (Weichert *et al.*, 2010). Still in about 60% of cases the etiology of cerebral malformation remains unknown.

The low prevalence of fetal central nervous system anomalies results in a limited possibility of training and therefore narrows the experience of most obstetricians. Sonographic guidelines for screening the fetal brain in a systematic way may

increase the detection rate (Salomon *et al.*, 2011). However, prenatal counseling regarding the prognosis of many of central nervous system anomalies remains difficult, because of the high rate of pregnancy terminations and the lack of long term follow-up studies for most of these conditions.

Suspicion of a CNS abnormality requires a multidisciplinary approach (Patel *et al.*, 2008; Mighell *et al.*, 2009). Maternal TORCH (toxoplasmosis, rubella, Cytomegalovirus, Herpes simplex) screening and amniocentesis for karyotyping and PCR (polymerase chain reaction), comparative genomic hybridization (CGH) arrays and eventually next generation sequencing and exclusion of viral infections may be recommended. Some patients may benefit from delivery, neonatal work-up and further surgical approach in a tertiary care centre, as e.g. the aneurism of the vene of Galen (Lasjaunias *et al.*, 2006). Future neurodevelopmental follow-up of neonates with brain anomalies should be assessed by developmental neurologists and a team of co-workers.

When parents opt for termination of pregnancy, virtual autopsy with MRI and pathological examination should be part of the postmortem investigation (Brodie *et al.*, 2002). Confronted with the diagnosis of a congenital malformation, decisions are guided by the parents personal background, family support, education and culture. This process of framing takes time and may substantially differ individually (Bijma *et al.*, 2005).

The scope of this paper is to elaborate on prenatal sonographic and MRI diagnosis and outcome of various CNS malformations, in particular those where significant progress has been made towards diagnosis, evaluation of prognosis and possible treatment.

Development and sonoembryology of the fetal brain

Brain development consist of a continuum of events each occurring at specific periods of time in gestation (Volpe, 2000).

Extensive clinical research on brain development in the first trimester of pregnancy has become possible with the use of high frequency transvaginal ultrasound probes. Ventral induction by notochord-prechordal mesoderm induces the division of the prosencephalon into two lateral telencephalic vesicles and the diencephalon. This process is closely related to the development of the mid-facies (Volpe,

2000). The mesencephalon develops into the mid-brain and the rhombencephalon further develops into the metencephalon and myelencephalon. These structures can be visualized in the human fetus from 6 weeks onward (Blaas *et al.*, 2009). From 8 weeks onward, the choroid plexus in the lateral ventricles becomes visible. The falx cerebri appears at about 9 weeks. Over the next few weeks, the wall of the diencephalon thickens due to the development of the thalami. The insula appears as a shallow depression on the surface of the hemispheres and using color Doppler flow, the area of the developing corpus callosum (CC) can be identified on a mid-sagittal section (Blaas *et al.*, 2009) at the end of the first trimester. The cerebellar hemispheres are clearly visible moving towards the midline.

At the end of the first trimester the third and fourth ventricle and the cistern magna are visible. In the second trimester the relative size of the lateral ventricles and choroid plexus decreases as the cerebral cortex develops progressively through neuronal migration, cerebellar hemispheres will fuse, the insula deepens and will be covered by the opercula. The CC becomes clearly visible at around 20 weeks of gestation (Loeser *et al.*, 1968). Fetal cortical development had been studied by ultrasound from 18 weeks onwards, and correlates significantly with fetal brain MRI (Cohen-Sacher *et al.*, 2006). The identification of major sulci, detectable by dedicated

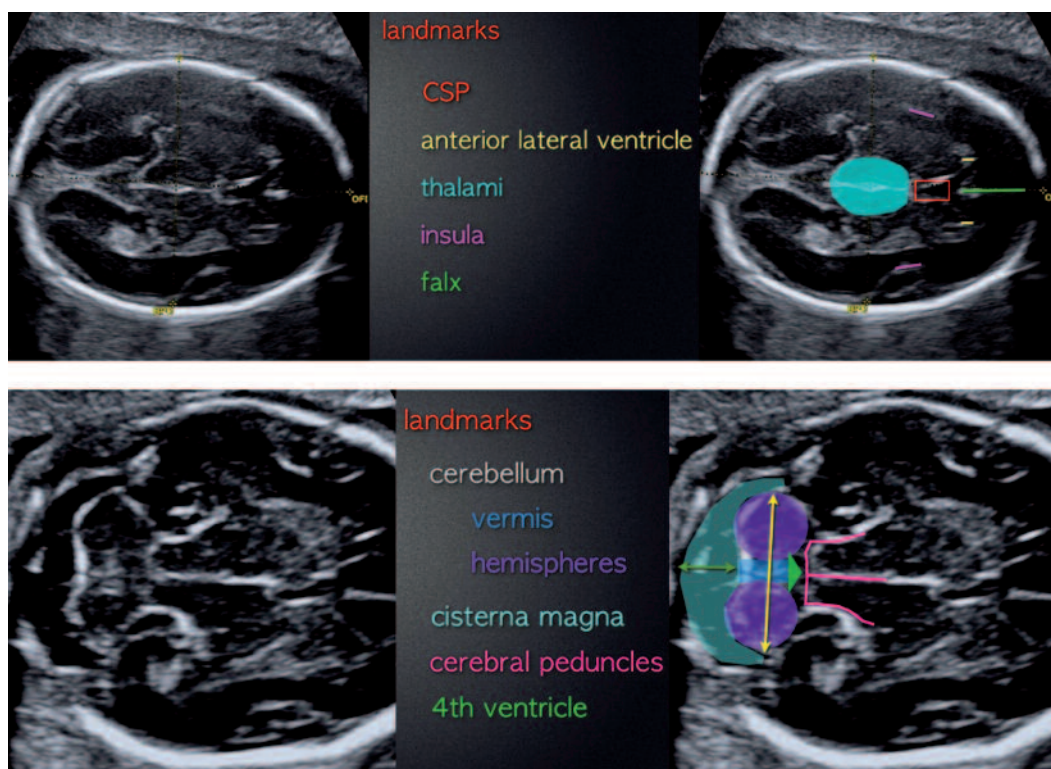


Fig. 1. — The transthalamic and transcerebellar reference planes are used for structured analysis of the fetal brain in the second trimester.

neurosonography from 26 weeks onward (Cohen-Sacher *et al.*, 2006) and measurement fissures depth may enhance the diagnosis of maturation disorders during pregnancy (Alonso *et al.*, 2010).

Screening for brain anomalies during pregnancy

The three classical axial sections through the fetal head permit the evaluation of the fetal brain anatomy from the second trimester onward (Salomon *et al.*, 2011). The transthalamic (Fig. 1) and the more cranial and parallel transventricular plane display the minimal requirements for basis mid trimester anatomical survey of the cerebrum (Salomon *et al.*, 2011). The transcerebellar plane, obtained by rotating the probe posteriorly over 30 degrees, images the posterior fossa (Fig. 1). Systematic approach of these planes allows the direct evaluation of the lateral ventricles and the choroid plexus, the cavum septi pellucidi, the midline falx, the thalami, the cerebellum, and the cisterna magna.

Nevertheless, up to 20% of CNS related malformations may lead to a late termination of pregnancy (Barel *et al.*, 2009), because of late and progressive development of the brain malformations, lack of follow-up of the patient or inadequate training of the sonographer.

Patients at increased risk should be referred to a level III centre for a dedicated neurosonogram. By means of transabdominal or transvaginal ultrasound, coronal, sagittal and parasagittal sections through the brain using high frequency probes enable detailed visualization of most cerebral and cerebellar structures (Cohen-Sacher *et al.*, 2006; Alonso *et al.*, 2010; Toi *et al.*, 2004). Adding color Doppler flow imaging highlights the identification arterial perfusion and the venous drainage through the sinuses.

In addition, 3D-4D transabdominal or transvaginal ultrasound allows for fast and reliable acquisition of volumetric data sets of the fetal brain to be examined offline or send for second opinion. Simultaneous analysis in the three orthogonal planes facilitates the basic as well as the detailed structural evaluation of the brain (Monteagudo *et al.*, 2009; Bornstein *et al.*, 2010; Pilu *et al.*, 2007; Correa *et al.*, 2006; Viñals *et al.*, 2007; Pilu *et al.*, 2006), and is an excellent tool for teaching purposes. It allows the assessment of fetal brain sulci and gyri from 20 weeks onward (Rolo *et al.*, 2011). Detailed analysis of the vermian development has been described (Zalel *et al.*, 2009). Tomographic ultrasound imaging displays the fetal brain in a predefined number of slices at a fixed interval, and even early anatomy of the developing brain vesicles can be demonstrated (Hata *et al.*, 2009).

Table 1. — Clinical classification of central nervous system malformation in the fetus.

isolated ventriculomegaly
neural tube defects
midline defects
destructive lesions
proliferation disorders
vascular malformations
tumors and cysts
intracranial hemorrhage

Congenital malformations

Clinically, CNS malformations can be classified into several pathological groups (Table 2).

Table 2. — Classification of intraventricular hemorrhage

Grade I	germinal matrix bleeding
Grade II	intraventricular, no hydrocephaly
Grade III	intraventricular, with ventricular dilatation
Grade IV	intraventricular, with parenchymal hemorrhage and hydrocephaly

Isolated mild ventriculomegaly

Isolated mild to moderate ventriculomegaly is defined as a lateral ventricle wider than 10 mm, but less than 15 mm. It is the most common non-specific abnormality of the CNS with an incidence ranging from 1.4 to 22 in 1000 births respectively in low and high risk populations (Achiron *et al.*, 1993). It can result from various processes leading to differences in outcome and the presence of associated malformations ranges from 10 to 76% (Gaglioti *et al.*, 2009). Proper criteria to measure the lateral ventricle (Fig. 2) have been proposed by Guibaud relating to the ideal axial plane to use, the identification of the proper landmarks in the axial plane, the surge for the internal parieto-occipital sulcus as optimal landmark and finally the optimal placement of the calipers in a sufficiently enlarged image (Guibaud, 2009). In normal conditions, the lateral ventricle at the level of the atria is slightly but significantly larger in male fetuses (Salomon *et al.*, 2007). Ventriculomegaly is associated with chromosomal abnormalities in 3-15% of the cases (Gaglioti *et al.*, 2009) and an abnormal neurological outcome has been observed in about 4% and 14% of cases with mild (10-12 mm) and moderate (> 12-15 mm) isolated ventriculomegaly respectively (Arora *et al.*, 1998; Pilu *et al.*,

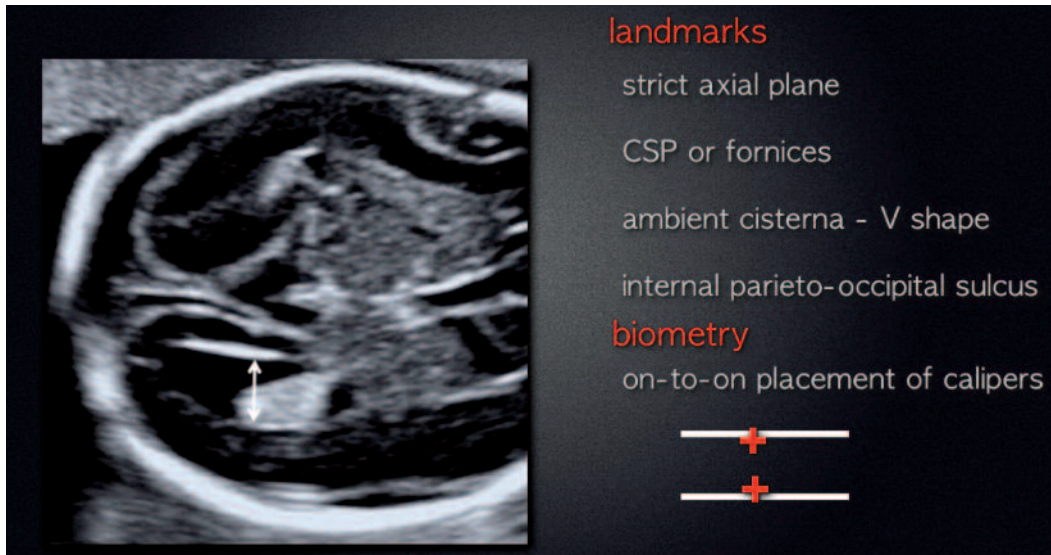


Fig. 2. — Measurement of the lateral ventricle

1999). More recently, Signorelli *et al.* (Signorelli *et al.*, 2004) considered isolated mild ventriculomegaly as a variant of the normal since none of their cases showed neurological impairment on longterm follow-up. In addition, in 30% of the cases a reduction or normalization of the atrial width was noticed.

At school age, children with antenatally diagnosed isolated mild ventriculomegaly (≤ 15 mm) had normal visual, motor and perceptual abilities in 16 out of 17 cases (Weichert *et al.*, 2010; Colitto *et al.*, 2009). There is no good evidence to suggest that the width of the ventricular atria contributes to the risk of neurodevelopmental outcome in fetuses with mild ventriculomegaly. The most important prognostic factors are the association with other abnormalities that escape early detection and the progression of ventricular dilatation, which are reported to occur in about 13% and 16% of cases, respectively. Most infants with a prenatal diagnosis of isolated mild ventriculomegaly have normal neurological development at least in infancy. The rate of abnormal or delayed neurodevelopment in infancy is about 11%, and it is unclear whether this is higher than in the general population (Mechiorre *et al.*, 2009-2010).

Prospective evaluation of the long-term (3-72 months) neurodevelopmental outcome in isolated ventriculomegaly up to 15 mm showed a normal outcome in 81 to 100% of cases (Falip *et al.*, 2007; Vergani *et al.*, 1998; Breeze *et al.*, 2005). In addition, unilateral isolated ventriculomegaly and asymmetric ventricles seem to represent a substantial risk for behavioural abnormalities and neuropsychiatric disorders (Sadan *et al.*, 2007; Gilmore *et al.*, 2008). Fetal MRI is not indicated to confirm the presence of ventriculomegaly, but might be helpful in showing associated anomalies which may be missed by ultrasound, such as foci of infarction,

abnormal myelination or cortical anomalies (Fig. 3) (Benacerraf *et al.*, 2007; Denis *et al.*, 2000).

Additional malformations not found by prenatal ultrasound can be detected in 5% to 44% (Salomon *et al.*, 2006; Morris *et al.*, 2007; Ouahba *et al.*, 2006). Newer MRI techniques like diffusion tensor imaging tractography and connectomics may be able to associate mild ventriculomegaly to permanent alterations in the cortical gray and white matter development (Gilmore *et al.*, 2008; Mitter *et al.*, 2011).



Fig. 3. — MRI axial view of ventriculomegaly associated with bilateral polymicrogyria (encircled in white). Gestational age 27 weeks.

Choroid Plexus Cysts (CPC)

The choroid plexus is responsible for the production of cerebrospinal fluid. From week 6-7 onwards the choroid plexus develops in the roof of the fourth ventricle, in the lateral ventricle and finally in the third ventricle. It grows rapidly and by week 9 it fills >75% of the cavity of the lateral ventricle. The sonographic appearance of a CPC is a sonolucent structure within the hyperechogenic choroid plexus (Fig. 4). They are usually small ranging from 3 to 20 mm and they have well delineated borders in the choroid plexus. They can be either uni- or bilateral. CPC's are usually isolated findings but once diagnosed a targeted ultrasound should be performed. CPC resolve by 26-28 weeks. Malformations associated with CPC include omphalocele, congenital heart disease, renal abnormalities, cystic hygroma, hydrocephalus. These malformations are also



Fig. 4. — Large, but isolated choroid plexus cyst (arrow head) mimicking a ventriculomegaly.

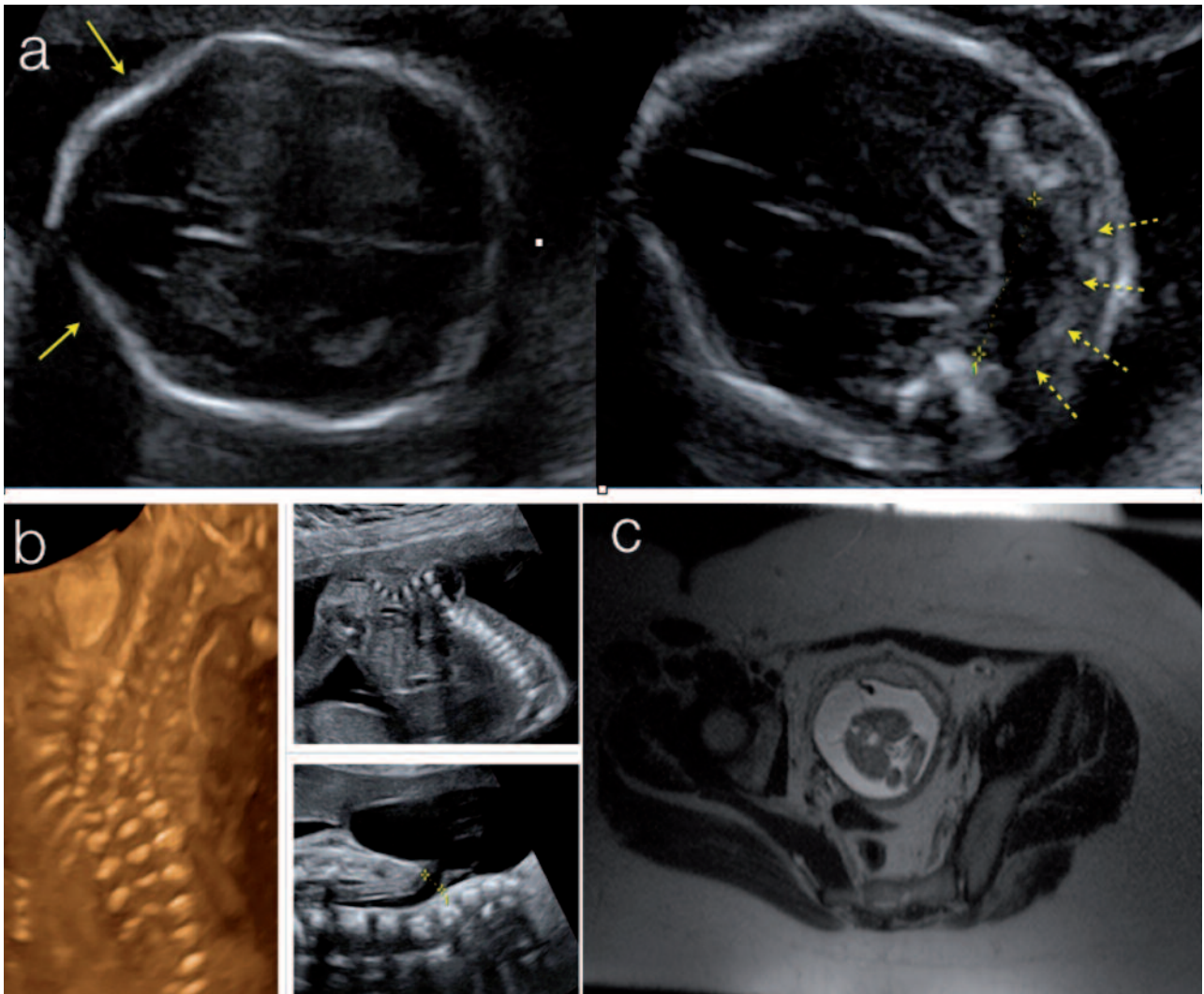


Fig. 5. — Spinal neural tube defects are mainly detected by the presence of the “lemon” (yellow arrows) and “banana” sign (dashed arrows), or scalloping of the frontal bones and obliteration of the cisterna magna with hypoplasia of the cerebellum (a). Severe lesions are characterized by spinal dysraphism and are more easily detectable at the level of the spine it self (b). MRI axial view of a fetal meningomyelocele in a mother with a body mass index of 42. Gestational age 20 weeks (c).

reported in trisomies 18 and 21, cri du chat (5p-) syndrome and mosaic trisomy 9 (Gross *et al.*, 1995; Samo *et al.*, 1993). In the presence of CPC and other malformation there is a general consensus that genetic counseling and testing are indicated but there is disagreement regarding isolated CPC. In a karyotypically normal fetus, the presence of isolated CPC is not associated with any neurological sequelae such as mental retardation or delayed development. Even detected postnatally they have no major clinical significance.

Spinal Neural tube defects

The prevention of neural tube defects (NTD) by the pre-conceptual intake of folic acid, although efficient (Blencowe *et al.*, 2010; Wilson *et al.*, 2007), is hard to establish since over 50% of conceptions are unplanned. The use of maternal serum alfa-feto protein (AFP) (Wald *et al.*, 1974) and subsequent amniotic fluid AFP lacks sensitivity and specificity (Dashe *et al.*, 2006; Kooper *et al.*, 2007) and will only detect the majority of open NTD (Wald, 2010). The introduction of the “fruit signs” to screen for NTD (Nicolaidis *et al.*, 1986) has increased the detection rate to nearly 90% in routine practice and to nearly 100% in tertiary care centers (Dashe *et al.*, 2006; Cameron *et al.*, 2009). The scalloping of the frontal bones (lemon sign) and the obliteration of the cisterna magna related to the descent of the cerebellum resulting in a curved hypoplastic cerebellum (banana sign) are very powerful tools before 24 weeks of gestation (Fig. 5a). Secondary signs like clubfeet may even increase the suspicion for open NTD. The cranial signs and the identification of the spinal lesion on ultrasound made the use of amniotic fluid AFP and acetylcholinesterase obsolete in the diagnosis of

NTD. With 2D- and 3D ultrasound as well as with fetal MRI (Appasamy *et al.*, 2006; Van der Vossen *et al.*, 2009) the level of the lesions can be accurately determined. Fetal MRI may be useful particularly in those cases with limited amount of amniotic fluid, fetal malposition and obesity (Fig. 5c) (Glenn *et al.*, 2006). Open neural defects are nearly always associated with Chiari II malformations, which can easily be depicted on MRI. Fetal MRI is also helpful to detect associated anomalies and to screen for potential candidates for fetal surgery. Although the degree of neurological impairment does not always correlate with the level of the defect (Kolias *et al.*, 1992; Coniglio *et al.*, 1996; Rintoul *et al.*, 2002), the correct identification of the level of the lesion relates to neonatal survival (Van der Vossen *et al.*, 2009), the ambulatory status, and bladder morbidity (Appasamy *et al.*, 2006). The majority of children with lesions at or below L4 are ambulatory, but may present bladder and bowel incontinence (Cameron *et al.*, 2009).

Detection of NTD in the first trimester depended largely on targeted scanning (Blumenfeld *et al.*, 1993; Bernard *et al.*, 1997; Hernádi *et al.*, 1997). Now, disappearance of the intracranial translucency, normally found on a mid-sagittal view anteriorly to the occipital bone at the 11-13 weeks scan, may be used as a screening tool (Chaoui *et al.*, 2009; Egle *et al.*, 2011). In an era of emerging fetal therapies, correct and timely selection of patients using different well established imaging criteria and work-up through additional investigation will optimize patients selection for in utero sealing of the spinal defect. Fetal surgery seems to reduce the need for

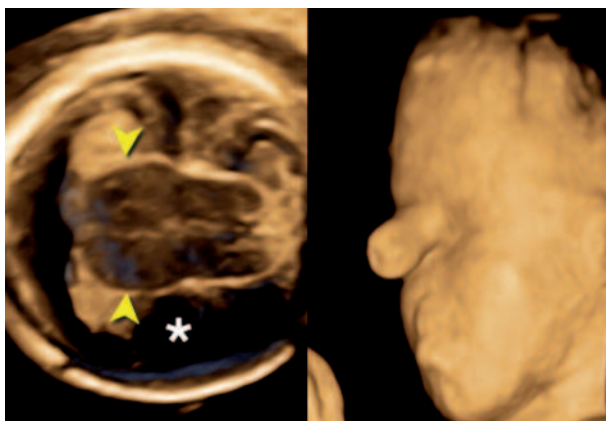


Fig. 6a. — Alobar holoprosencephaly is characterized by a large single ventricle (*), fused thalami (arrowhead) and absence of other midline structures. In addition varying degree of facial abnormalities can be present.

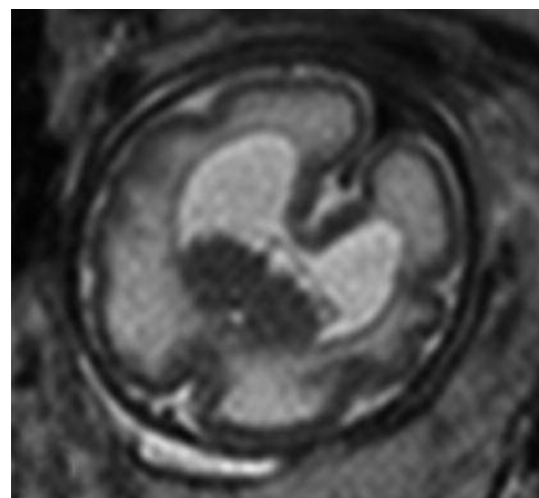


Fig. 6b. — MRI axial view of lobar holoprosencephaly in a fetus of 31 weeks. Note the absent septum pellucidum, hypoplastic anterior interhemispheric fissure, non-separation of the frontal lobes, rudimentary developed anterior horns and partial fusion of the basal ganglia.

postnatal shunting with 40% and improves motor function at the age of 30 months with 66% (Adzick *et al.*, 2011), although the optimal uterine access has yet to be established (Kohl *et al.*, 2009).

Midline malformations

Semilobar and alobar holoprosencephaly can be diagnosed in the first trimester of pregnancy (Volpe *et al.*, 2009). Failure of the prosencephalon to divide leads to a large single ventricle and a fusion of the thalami. The falx cerebri, cavum septi pellucidi and corpus callosum are absent. There is often a variable degree of mid-facial maldevelopment, ranging from anophthalmia over hypotelorism to a normal face (Volpe *et al.*, 2009; Blaas *et al.*, 2002; Dubourg *et al.*, 2007; De Meyer *et al.*, 1964) (Fig. 6). In the milder lobar holoprosencephaly there is a partial fusion of the anterior horns of the lateral ventricles, no cavum septi pellucidi, a partially absent corpus callosum and fusion of the fornices (Pilu *et al.*, 1994; Hahn *et al.*, 2010)

Early diagnosis of holoprosencephaly by 3D ultrasound has been suggested (Timor-Tritsch *et al.*, 2008). The 3D surface rendering mode may help to define the extent of the facial lesions and additional malformations. There are a well known associations with chromosomal abnormalities, genetic mutations, various syndromes and environmental factors. The recurrence risk varies accordingly (Dubourg *et al.*, 2007; Mercier *et al.*, 2010)).

Failure of the prosencephalic midline development results in disorders of the corpus callosum, septo-optic dysplasia and absence of the septum pellucidum (Volpe *et al.*, 2009). About 5/1000 births are affected by corpus callosum agenesis (CCA), which may be due to a variety of causes and conditions:

chromosomal defects, genetic syndromes, metabolic and environmental conditions (Volpe *et al.*, 2009; Pilu *et al.*, 1993). Complete CCA can be suspected on the standard transthalamic image of the fetal brain by the absence of a normal cavum septi pellucidi, teardrop shaped lateral ventricles (Pilu *et al.*, 1993), colpocephaly and dilatation of the third ventricle. Even isolated, a significant neurodevelopmental delay may occur in 15-36% of the cases (Pilu *et al.*, 1993; Fratelli *et al.*, 2007). The presence of other cerebral and extra-cerebral malformations worsens the prognosis. Differentiation between complete agenesis, hypoplasia of partial formation of the CC can only be established by mid-sagittal exploration of the brain (Volpe *et al.*, 2006; Ghi *et al.*, 2010). Normally, the complete visualization and measurement of the CC is feasible from 18 weeks gestation onwards (Malingier *et al.*, 1993). Investigation by color Doppler identifies the pericallosal artery and its branching, which is deranged when the CC is abnormal or absent (Fig. 7). Tomographic 3D ultrasound imaging enables easy evaluation of the mid- and parasagittal planes (Pilu *et al.*, 2006; Plasencia *et al.*, 2007; Merz, 2010).

Midline malformations are good candidates for further characterization and/or classification on fetal MRI. Second trimester MRI is ideal to assess the presence and extent of cortical non-separation, the presence of fusion of the basal ganglia or hypothalamus and to identify the absence or presence of structures such as the interhemispheric fissure, the Sylvian fissure, the falx and the septum pellucidum. The presence of cortical dysplasia or gray matter heterotopia can also be detected on MRI. In case of CCA, MRI is mainly used to detect additional anomalies. Moreover, fiber tracking fetal MRI studies and functional MRI may hold the future for differentiat-

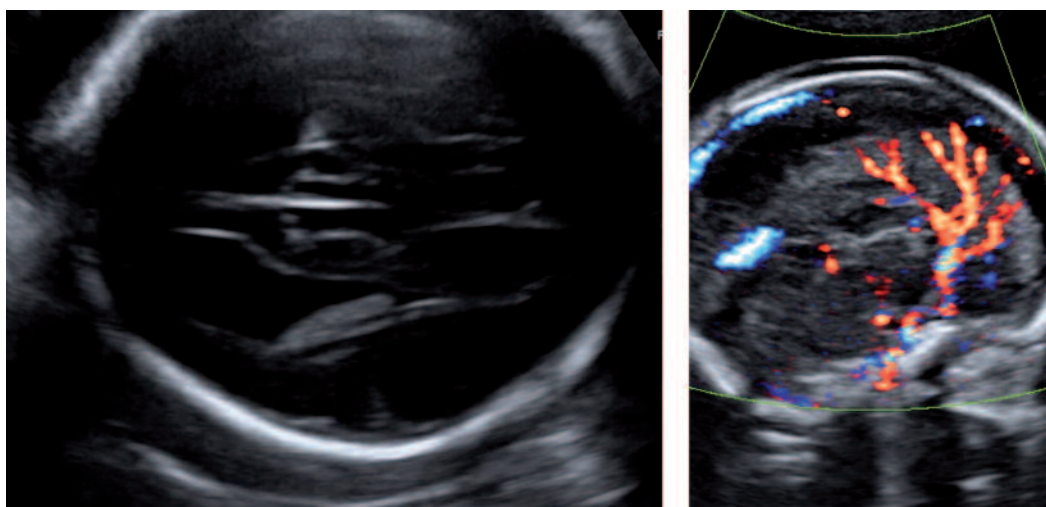


Fig. 7. — Absent cavum septum pellucidi, teardrop shaped ventricles and an abnormal underdeveloped pericallosal artery pattern illustrated by color Doppler flow are characteristic for agenesis of the corpus callosum.

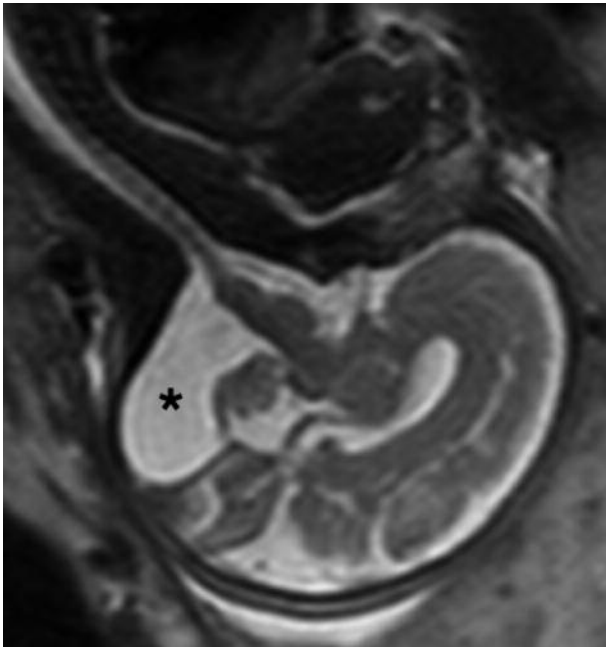


Fig. 8. — MRI midsagittal view of a Dandy-Walker malformation, showing an enlarged retrocerebellar space (*), cerebellar hypoplasia and upward displacement of the tentorium.

ing between isolated cases with good prognosis and those with additional cerebral lesions and adverse outcome (Mitter *et al.*, 2011).

Posterior fossa abnormalities

Routine exploration of the posterior fossa (PF) includes the evaluation of the cerebellum, the vermis and the cisterna magna, and is of major importance since its involvement in more than 100 syndromes (Online Mendelian). However, ultrasound diagnosis of PF anomalies is challenging as many studies have shown a discordance between sonographic diagnosis and pathological correlation (Carroll *et al.*, 2000; Forzano *et al.*, 2007; Kapur *et al.*, 2009). Pitfalls in the diagnosis of PF anomalies have been attributed to confusion in terminology describing vermian pathology, the gestational age at diagnosis, the incorrect assessment of the midsagittal plane of the cerebellum and the late development of some of the pathological conditions (Malingier *et al.*, 2009). More detailed exploration by transvaginal ultrasound (Malingier *et al.*, 2001), the measurement of the fourth ventricle, the fastigium and vermis, the assessment of its angle and the appearance of the primary fissure by a 3D midline view may contribute to the diagnosis of subtle posterior fossa anomalies (Pilu *et al.*, 2006; Goldstein *et al.*, 2002; Zalel *et al.*, 2002; Paladini *et al.*, 2006; Tepper *et al.*, 2009; Zalel *et al.*, 2009). Differentiation of PF midline anomalies, the Dandy-Walker complex, has been revised recently (Malingier *et al.*, 2009). Reliable interpretation of the normal development and growth of the

cerebellar vermis is possible from 18 weeks onwards (Hahn *et al.*, 2010; Zalel *et al.*, 2006). The Dandy-Walker spectrum consist of the megacisterna magna, Blake's pouch cyst (Calabrò *et al.*, 2000), hypoplasia and complete agenesis of the vermis. Blake pouch cyst represents posterior ballooning of posterior medullary velum into the cisterna magna, below and posterior to the vermis. It is thought to be secondary to a failure of perforation of the foramen of Magendie. Features include a fourth ventricle communicating with the cyst, which does not communicate with the cisterna magna. There is usually no vermian hypoplasia and no elevation of the tentorium cerebelli. MRI can encompass several limitations encountered by sonography, such as problems of visibility caused by acoustic windowing of bony structures and the difficulty to obtain a perfect midsagittal view of the brain (Fig. 8). In addition, MRI excels in obtaining morpho- and volumetric measurements of the cerebellar hemispheres and vermis.

Destructive lesions

Hydranencephaly results from obliteration of the internal carotid artery. The result is either a massive infarction with liquefaction necrosis of one or both hemispheres. Schizencephaly on the contrary, is now considered a neuronal migration disorder related to the complete agenesis of a portion of the germinative zones (Volpe, 2000).

Congenital CMV results in the highest incidence of children born with or developing long-term neurological morbidity (Gaytant *et al.*, 2002; Kenneson *et*

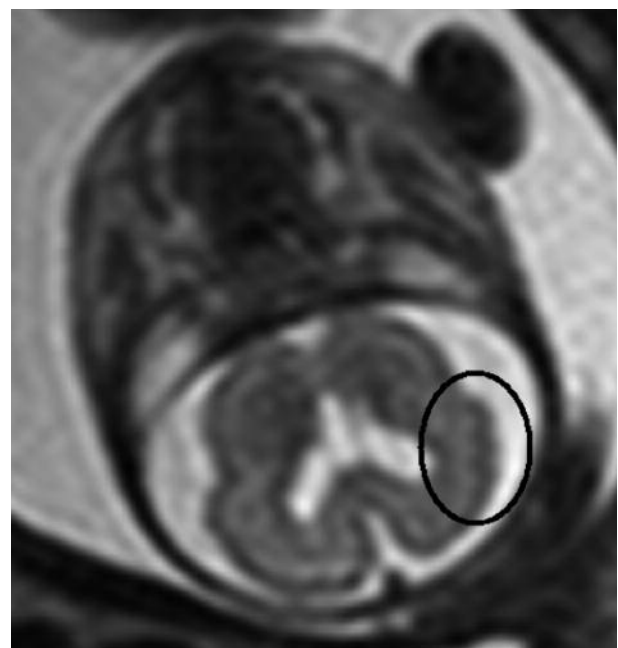


Fig. 9. — MRI coronal view of polymicrogyria (encircled in black) in a proven congenital CMV infection. Also note the hypoplastic corpus callosum.

al., 2007; Boppana *et al.*, 2005; Andriessse *et al.*, 2006; Kylat *et al.*, 2006; Foulon *et al.*, 2008), with a burden in the USA twice as high as compared with fetal Down syndrome, spina bifida or fetal alcohol syndrome (Cannon *et al.*, 2005). Periconceptual and first trimester primary infection have a vertical transmission rate of 30% and are responsible for about 10% severe morbidity and mortality and another 5 to 10% of minor disabilities (Kenneson *et al.*, 2007; Ludwig *et al.*, 2009; Stagno *et al.*, 1986; Fowler *et al.*, 1992; Boppana *et al.*, 2001; Ross *et al.*, 2005; Peckham *et al.*, 1987; Gindes *et al.*, 2008). Fetuses affected by viral infections, like CMV, present a variety of non specific abnormalities (Degani, 2006; Guerra *et al.*, 2008; Benoist *et al.*, 2008). Cerebral ultrasound abnormalities include broad hyperechoic periventricular halo (Simonazzi *et al.*, 2010), brain calcifications, microcephaly, hydrocephaly, cyst for-

mation in the germinative matrix and intraventricular adhesions (Benoist *et al.*, 2008; Guibaud *et al.*, 2004; Malinger *et al.*, 2003; Picone *et al.*, 2008). More difficult to demonstrate on ultrasound and hence a good indication for MRI is the detection of polymicrogyria, cerebral hypotrophy, cerebellar and vermian hypoplasia, hypoplasia of the CC and leucomalacia (Dhombres *et al.*, 2008; Doneda *et al.*, 2010) (Fig. 9). Also the typical CMV related cystic foci of brain destruction around the temporal horn of the lateral ventricles, are best depicted on MRI. Targeted transvaginal ultrasound may facilitate the detection of minor lesions (Soussotte *et al.*, 2000). The prediction of brain anomalies in infected fetuses is relatively accurate (sens 86%, spec 85%) (Benoist *et al.*, 2008). If proof of fetal infection has been delivered, odds ratio for poor outcome in the presence of non cerebral and cerebral ultrasound

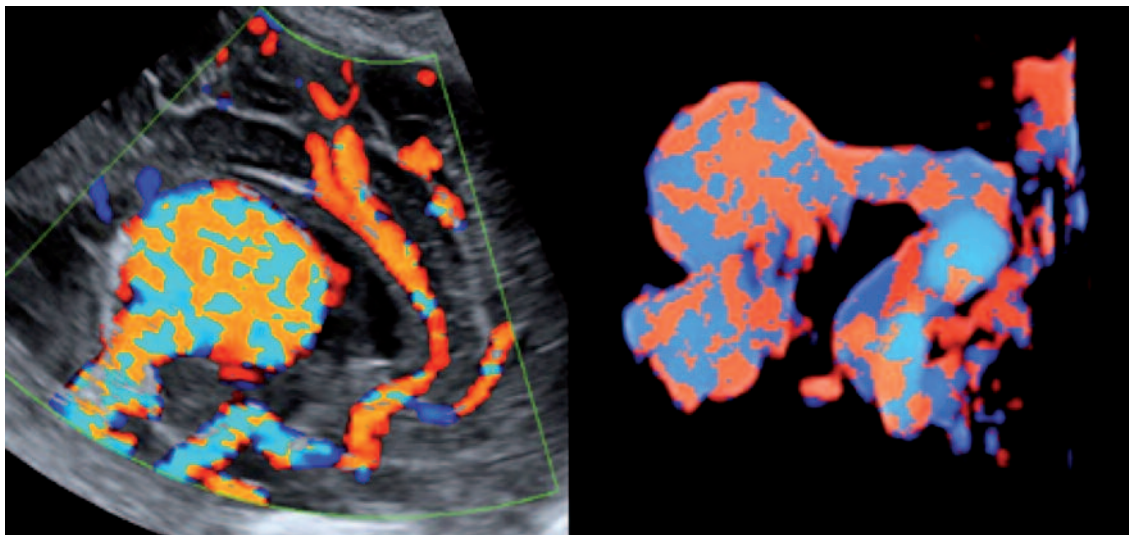


Fig. 10a. — Vascular anomalies are uncommon, but the most frequently seen on prenatal ultrasound is the arterio-venous malformations of the vein of Galen. 3D color Doppler imaging allows to create a 3D rotational cast of the A-V malformation.

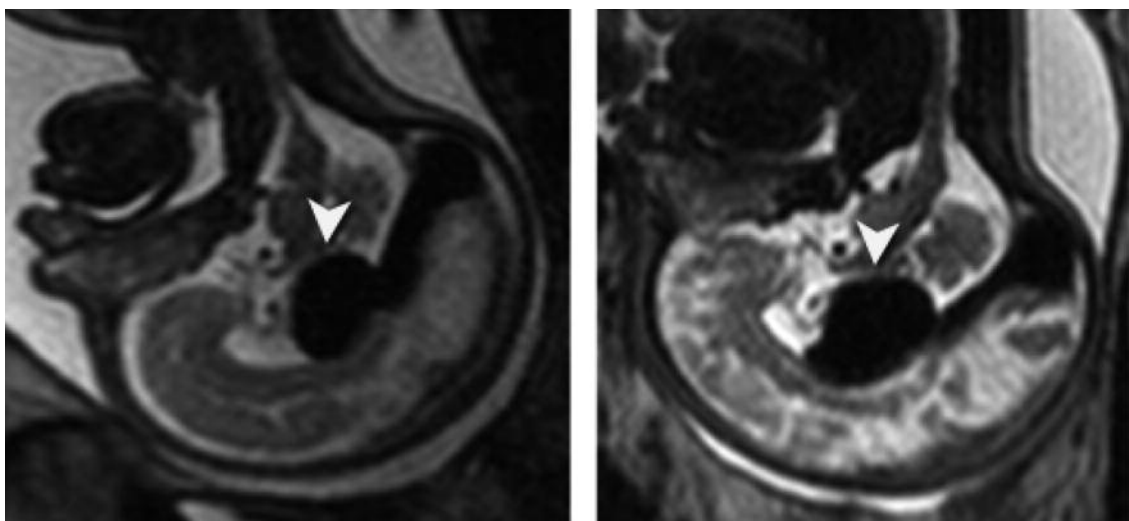


Fig. 10b. — MRI midsagittal view at gestational age 31 weeks (left) and 36 weeks (right) of an aneurism of the Galen vein (arrow head).

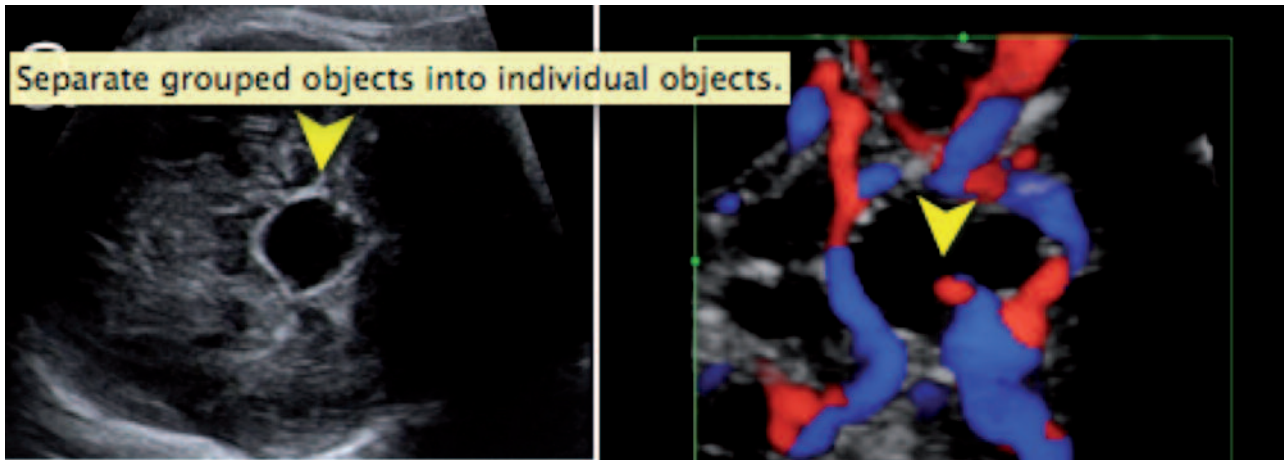


Fig. 11a. — A suprasellar arachnoid cyst (arrow head) exerts pressure of the circle of Willis and the optic chiasma. Power Doppler imaging shows the extension of the circle of Willis at the base of the cyst.

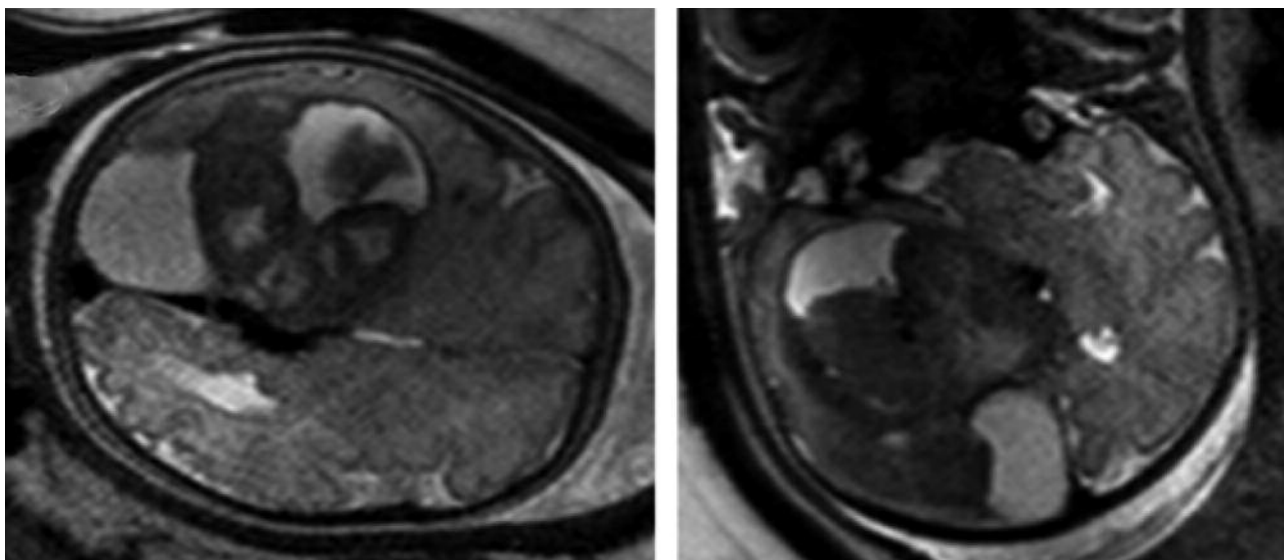


Fig. 11b. — MRI axial (left) and coronal (right) view of a voluminous mixed solid-cystic lesion in the left cerebrum. Note the shift of the midline to the contralateral side. Postoperative biopsy revealed a glioblastoma.

malformations are respectively 7.2 and 25.5 (Benoist *et al.*, 2008). Microcephaly, cortical malformations and intraparenchymal cysts show a strong correlation with poor outcome (OR: 25.5 (6.4-101.9)) (Benoist *et al.*, 2008; Malinger *et al.*, 2003). Fetal MRI may increase the detection of white matter lesions and polymicrogyria (Benoist *et al.*, 2008; Picone *et al.*, 2008; Doneda *et al.*, 2010), and most often correlates well with the ultrasound findings (Fig. 9). Although some trials on maternal CMV prevention by vaccination look tempting (Pass *et al.*, 2009), a universal vaccination program to eradicate CMV infection remains challenging. Regression of cerebral as well as non-cerebral ultrasound lesions in fetuses after primary CMV infection has been observed after maternal infusions with hyperimmune globulins (Nigro *et al.*, 2008). Randomized studies evaluating the benefit of either prenatal administra-

tion of specific anti- CMV immunoglobulins (Nigro *et al.*, 2008; Nigro *et al.*, 2005; Adler *et al.*, 2009) or antiviral drugs (Jacquemard *et al.*, 2007) have been proposed recently.

Vascular malformations

Congenital arterio-venous malformation of the choroidal system represents less than 1% of all intracranial vascular lesions. The aneurism of the vein of Galen results from an abnormal connection of one or multiple arteries into the prosencephalic vein, resulting in dilatation of the vein, the straight sinus, the confluens and the transverse sinuses (Gupta *et al.*, 2004).

Often this malformations results in a high cardiac output failure. Color Doppler flow imaging allows for the identification of the dilated venous system

and the turbulent flow in, the A-V malformation, and easily differentiates the conditions from other cystic lesions in the brain (Fig. 10a). Prenatal MRI (Fig. 10b) offers the advantage of a large field of view and it is sometimes preferred to compare the evolution of the vascular anomaly with postnatally acquired brain MRI scans. Bad prognostic signs include cardiac high output failure, fetal hydrops and leucomalacia (Yuval *et al.*, 1997). Primary treatment in the neonatal period consists of transfemoral arterial embolization with N-butylcyanoacrylate, resulting in a survival rate of about 50% and a 36% normal neurological development (Lasjaunias *et al.*, 2006).

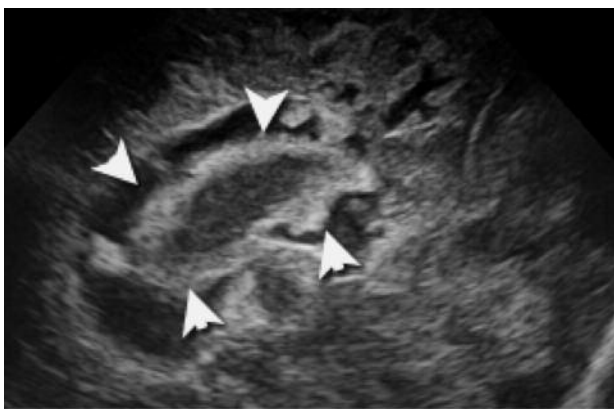
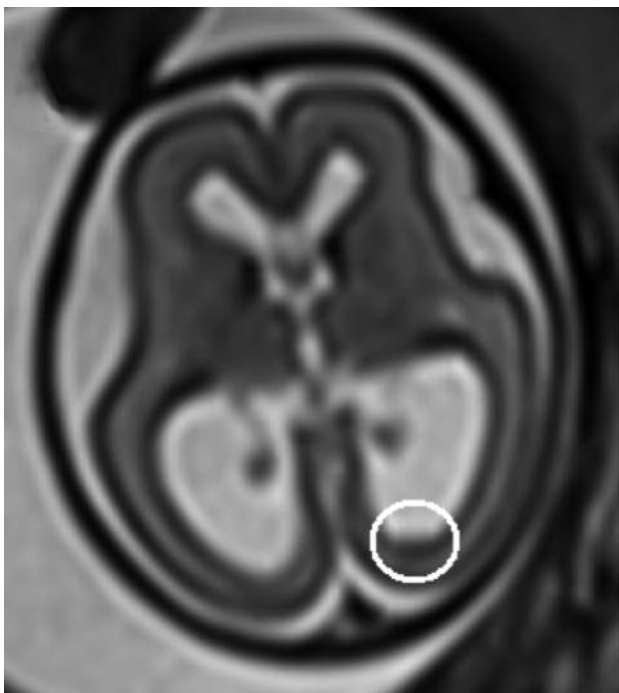


Fig. 12a. — Ventriculomegaly, irregular lining of the ventricular walls, and a large intraventricular blood clot (arrow head) are signs of an intraventricular hemorrhage.



Intracranial tumors and cysts

Over 50% of intracranial tumors are teratomata (Köken *et al.*, 2008), causing macrocrania and hydrocephaly. Occasionally polyhydramnios develops. Teratoma usually present late in the third trimester as fast growing heterogeneous solid-cystic masses with calcifications. It has to be differentiated from craniopharyngioma, glioblastoma and astrocytoma. The extend of the lesions can be evaluated by tomographic ultrasound and MR imaging. The specificity of ultrasound in the detection of fetal intracranial tumors is 86%. The accuracy of identifying the histological type is limited to 57% (D'Addario *et al.*, 1998). The most common cystic lesions are arachnoid cysts, which are usually asymptomatic. However if large, ventriculomegaly may result. Differentiation from papilloma of the choroid plexus and gliependymal cysts remains difficult (Pelkey *et al.*, 1997). Large suprasellar arachnoid cyst cause compression of the optic chiasma and circle of Willis (Fig. 11a), and may be responsible for endocrinological dysfunction. Fetal MRI helps to determine the nature of the tumoral mass, the extent of involvement and the prenatal planning of emergency postnatal neurosurgery (Fig. 11b).

Intracranial hemorrhage

Prenatal intracerebral hemorrhage grading is comparable to the grading used in newborns (Table 2). Recent intraventricular bleeding (IVH) presents as a

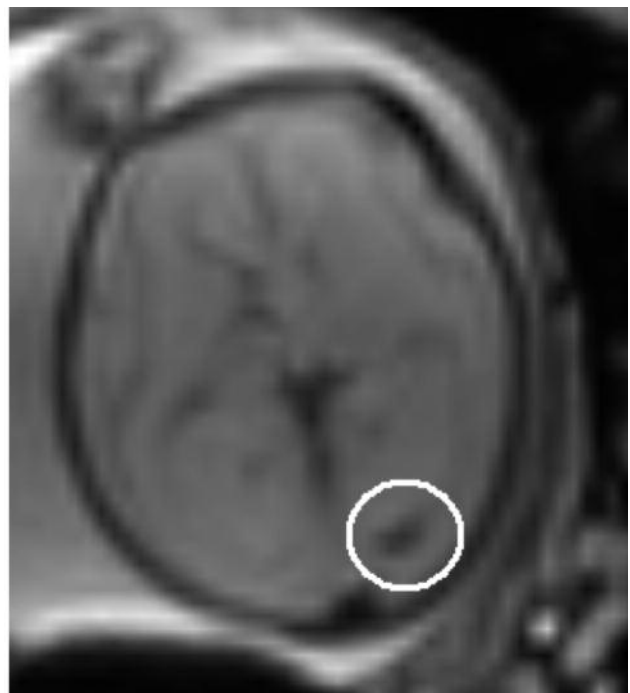


Fig. 12b. — MRI axial view of supratentorial ventriculomegaly (gestational age 24 weeks) with small blood remnant in the left posterior horn, best depicted on a dedicated sequence (right) and barely visible on the conventional T2 image (left).

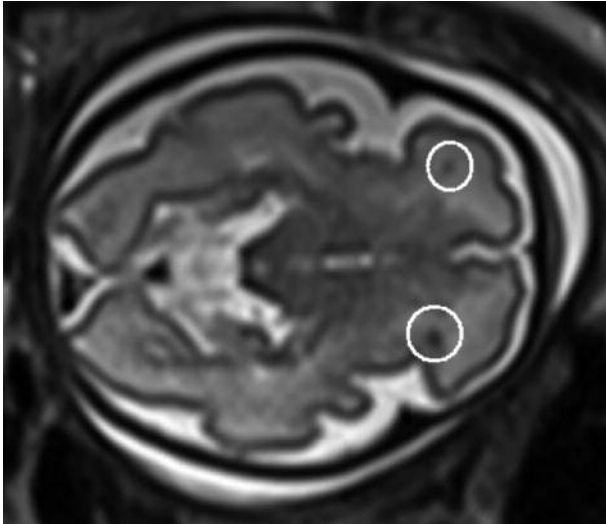


Fig. 13. — MRI axial view of subcortical tubers in both frontal lobes (encircled in white) in a fetus (gestational age 32 weeks) with multiple cardiac rhabdomyomas. Tentative diagnosis of tuberous sclerosis.

echogenic intraventricular mass, disappearing rather rapidly due to liquefaction. Echogenic irregular lining of the lateral ventricle and ventriculomegaly may persist long after the initial bleeding (Fig. 12a). Occasionally only ventriculomegaly is noticed, and a confident diagnosis of IVH can only be made by fetal MRI (Zanders *et al.*, 2003). For the detection of small blood remnants or hemorrhagic foci MRI is the best modality (Fig. 12b). Determining the etiology of the bleeding is difficult and often impossible; investigation should be focused on coagulation disorders, congenital infections, immune thrombocytopenia, ischemic insults and trauma (Zanders *et al.*, 2003). Prognosis is poor particularly in parenchymal and subdural bleeding, with a normal neurological outcome in 52% of the cases and a severe handicap in 27% of the cases. The worse outcome is associated with IVH III and IV (Ghi *et al.*, 2003).

Neuronal proliferation disorders

Proliferation disorders of the brain are often characterized by microcephaly, which is defined as a head circumference less than 3 SD from the mean (Malingier *et al.*, 2003; Dahlgren *et al.*, 2001). The etiology is heterogeneous and can be related to chromosomal defects, genetic disorders, recognized syndromes and environmental insults (Dahlgren *et al.*, 2001). The prenatal diagnosis is difficult and often made late in gestation. Besides head biometry, structured analysis of the brain enables the detection of morphologic derangements often associated and transvaginal sonography and power Doppler are powerful tools in the assessment (Pilu *et al.*, 1998).

MRI is particularly helpful in detecting gyral anomalies and foci of heterotopias. A good example of the additional value of fetal MRI is the detection of brain lesions in patients with a tentative prenatal diagnosis of tuberous sclerosis.

Schizencephaly is a neuronal migration anomaly characterized by a cleft lined by heterotopic gray matter that extends from the ependyma of the lateral ventricles to the surface of the cortex resulting from a genetic mutation or secondary to destruction of immature brain before neuronal migration (Denis *et al.*, 2000). In contrast to previous concepts, this malformation is considered as a deviation from the normal development rather than a destructive process of mature cortex. MRI is needed to differentiate this entity from porencephaly (Benacerraf *et al.*, 2007). Schizencephaly may be uni- or bilateral and is classically located in the distribution of the middle cerebral artery.

Conclusion

Recent evolution in ultrasound equipment enables a more refined diagnoses of most congenital malformations of the brain. Only through a structured analysis of the fetal CNS anatomy, even rare conditions may be detected more often. Although some brain anomalies are only visible late in gestation there is a strong tendency towards a more detailed neurosonogram in the second or even first trimester of pregnancy. 3D ultrasound is a valuable tool in detailed structural analysis of the brain. The acquisition and storage of 3D data sets enables easy offline review of the data volumes and facilitates second opinions of specialists in the field. Additional cytogenetic and infectious investigation is mandatory in the majority of cases of ventriculomegaly and hydrocephaly. Fetal MRI has been shown to particularly helpful in the assessment of the gyration, disorders of gray and white matter, and intraventricular bleeding and migration disorders. Evaluation of all aspects of the condition by a multidisciplinary team should precede parental counseling.

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